

MENU

SEPT
EMBER

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No school 2	Mini pancakes Mandarin oranges Milk 3	Cereal bar Mixed fruit Milk 4	Whole grain donuts Apples Milk 5	Cereal Toast Oranges Milk 6
Mini pancakes/Emoji waffles Applesauce Milk 9	Muffins Pears Milk 10	Cereal bar Mixed fruit Milk 11	Whole grain pop tarts Apples Milk 12	Cereal Toast Oranges Milk 13
Cini minnis/bagels Mixed fruit Milk 16	SnackBreads Mandarin oranges Milk 17	Cereal bar Mixed fruit Milk 18	Whole grain donuts Apples Milk 19	Cereal Toast Oranges Milk 20
No school 23	Muffins Pears Milk 24	Cereal bar Mixed fruit Milk 25	Whole grain pop tarts Apples Milk 26	Cereal Toast Oranges Milk 27
Cini minnis/bagels Mixed fruit Milk 30	SnackBread Mandarin oranges Milk 1	Cereal bar Mixed fruit Milk 2	Whole grain donuts Apples Milk 3	Cereal Toast Oranges Milk 4

All meals are subject to change.

"It is the policy of this CNP provider not to discriminate on the basis of race, creed, color, sex, sexual orientation, gender identity, national origin, disability, age, or religion in its programs, activities or employment practices as required by the Iowa Code 216.6 and 216.9. If you have questions or grievances related to compliance with this policy by this CNP Provider, please contact the Iowa Civil Rights Commission, Grimes State Office Building, 400 E. 14th St., Des Moines, IA 50319-1004; phone number 515-281-4121, 800-457-4416; website: <https://icrc.iowa.gov/>."

1% milk, skim milk,
1% chocolate milk
and juice offered
with all meals



MENU

SEPT
EMBER

LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
No School 2	Crispitos Salsa Hummus Doritos Dragon punch juice 3	Mini pancakes Sausage patty Celery/Peanut butter Oranges 4	Orange chicken Broccoli Egg roll Mandarin oranges 5	Garlic cheese bread Corn Yogurt Pineapple 6
Chicken strips Potato Wedges Baby carrots Applesauce 9	Macaroni and Cheese Garlic breadsticks Celery/Peanut butter Apples 10	French toast sticks Sausage patty Wango mango juice 11	Cheeseburgers French fries Pickle spear Mixed fruit 12	Cheese quesadilla Romaine salad Peaches Ice cream 13
Buffalo chicken/Fiestada Potato wedges Dragon punch Peaches 16	Taco quesadilla Hummus Doritos Romaine salad Strawberry cup 17	Pretzel dogs Seasoned potatoes Celery/peanut butter Apples 18	BBQ ribs Green beans Cowboy bread Pears 19	Turkey/cheese anytimers Baby carrots Apples 20
No school 23	Taco sticks Salsa Hummus Carrot stick Applesauce 24	Pancake on a stick Celery/peanut butter Honey roasted chickpeas Pears 25	Spicy or regular chicken sandwich Pickles Corn Apple juice 26	Bosco sticks Marinara Romaine salad Fresh fruit (seasonal) 27
Chicken nuggets Baby carrots Wango mango juice Brookie 30	Corn dogs Curley fries Fiesta corn Chortles Fruit Punch 1	Burritos Taco black beans Salsa Strawberry cup 2	Spaghetti Green beans Garlic bread Applesauce 3	Sausage pizza Romaine salad Fresh fruit (seasonal) 4

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1% low-fat milk, skim milk, 1% chocolate milk offered with every meal.

